

# THE COLLEGE OF EMERGENCY MEDICINE

Curriculum and Assessment
Systems
For
Paediatric Emergency Medicine
Within the EM curriculum
Training Programmes

June 2010 (Revised 30 May 2012)

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# Glossary of terms

Clinical terms

AAA Abdominal aortic aneurysm

ASD Atrial septal defect
ALS Advanced Life Support

APLS Advanced Paediatric Life Support
ATLS Advanced Trauma Life Support

BBN Breaking Bad News

BE Base excess
BIS Bispectral index
BLS Basic Life Support
BMI Body Mass index

BNF British National Formulary

BP Blood pressure

CFAM Cerebral function analysis monitor

CFM Cerebral function monitor

CO<sub>2</sub> Carbon dioxide

COPD Chronic obstructive pulmonary disease CPEX Cardiopulmonary exercise testing

CSF Cerebrospinal fluid

CSM Committee on Safety of Medicines

CT Computed Tomography
CVP Central venous pressure
DNAR Do Not Attempt Resuscitation

DVT Deep vein thrombosis
ECG Electrocardiogram
ED Emergency Department

EMG Electromyogram

EMUS Emergency Medicine Ultrasound

ENT Ear, Nose and Throat

ENP Emergency Nurse Practitioner

EP Emergency Physician

FAST Focussed Assessment with Sonography in Trauma

GCS Glasgow Coma Score
GHB Gamma hydroxy butyrate

GU Genitourinary Hb Haemoglobin

IPPV Intermittent positive pressure ventilation

IRMER Ionising Radiation (Medical Exposure) Regulations

LiDCO<sup>TM</sup> Lithium indicator dilution cardiac output

MAC Minimum alveolar concentration

MH Malignant hyperpyrexia

MINAP Myocardial Ischaemia National Audit Project

MRI Magnetic resonance imaging

NAI Non-accidental injury

Ng Nasogastric NO Nitric oxide

NSAID Non-steroidal anti-inflammatory drug

OT Occupational Therapy

PALS Patient Advice and Liaison Service PAMS Professions Allied to Medicine

PE Pulmonary embolus
PGD Patient Group Directions
PFO Patent foramen ovale

PPCI Primary Percutaneous Coronary Intervention

PONV Post-operative nausea and vomiting

PSI Pounds per square inch

PT Physiotherapy

ROSC Return of spontaneous circulation

RS Respiratory system

RSI Rapid sequence induction

SpO2Saturation of haemoglobin with oxygenSSRISelective serotonin receptor inhibitorSTEMIST elevation myocardial infarction

SVP Saturated vapour pressure
TSC Training Standards Committee
VSD Ventricular septal defect

WCC White cell count

#### **Educational and organisational terms**

ACCS Acute Care Common Stem
ACF Academic Clinical Fellow
ACL Academic Clinical Lecturer
AIM Acute Internal Medicine

AM Acute Medicine - in context of a setting

AMU Acute medical unit

ASA American Society of Anesthesiologists

ATLS Advanced Trauma Life Support

BTS British Thoracic Society

CCT Certificate of Completion of Training

CDU Clinical Decision Unit

CEM College of Emergency Medicine

CESR CP Certificate of Eligibility for Specialist Registration through

the Combined Programme

CICA Criminal Injuries Compensation Authority

CRM Crew resource management

CST Core Specialty Training
CTR Clinical Topic Review

E&E Education and Examinations Committee

EM Emergency Medicine

FCEM Fellowship Examination of the College of Emergency

Medicine

GIM General Internal Medicine

GIM(Acute) That part of GIM associated with the Acute Medical take

GMC General Medical Council
GMP Good Medical Practice
HST Higher Specialty Training

IAC Initial assessment of competence

IT Information technology

JRCPTB Joint Royal Colleges of Physicians Training Board

LEP Local education provider

MCEM Membership Examination of the College of Emergency

Medicine

NCEPOD National Confidential Enquiry into Patient Outcome and

Death

NICE National Institute for Health and Clinical Excellence

NPSA National Patient Safety Agency
PEM Paediatric Emergency Medicine

Ref Reference

SASM Scottish Audit of Surgical Mortality
TARN Trauma Audit and Research Network

WBA or WPBA Workplace based Assessment

#### **Assessment Method Glossary**

AA Audit Assessment

ACAT Acute Care Assessment Tool
C Case Based Discussion (CBD)

D Direct observation of procedural skills (DOPS)

E Examination

L Life support course

Mi or A Mini-clinical evaluation exercise or anaesthesia clinical

evaluation exercise (Mini-CEX or Anaes-CEX)

M Multi-source feedback (MSF)

PS Patient Survey
S Simulation

TO Teaching Observation

W Web based, ENLIGHTENme Hub and Knowledge Bank

http://www.enlightenme.org/

#### **GMP** domain headings

GMP 1 Knowledge, skills and performance

GMP 2 Safety and quality

GMP 3 Communication, partnership and teamwork

GMP 4 Maintaining trust

#### 1. Introduction

Emergency Medicine (EM) is a rapidly expanding and exciting specialty concerned with the initial diagnosis and management of the acute and urgent aspects of illness and injury affecting patients of all age groups with the full spectrum of undifferentiated physical and behavioural disorders. It is the specialty in which time is critical.

Emergency Physicians are able to look after patients with a wide range of pathologies from the life-threatening to the self-limiting.

- They are experts in identifying the critically ill and injured, providing safe and effective immediate care.
- They are expert in resuscitation and skilled in the practical procedures needed.
- They establish the diagnosis and differential diagnosis rapidly, and initiate or plan for definitive care.
- They work with all the in-patient specialties as well as primary care and prehospital services.
- They are able to correctly identify who needs admission and who can be safely sent home.

EM is practiced in the challenging environment of the Emergency Department. The Emergency Physician is an excellent communicator and team player as well as a leader who is able to get the best out of the people he or she works with.

The Emergency Department (ED) is at the heart of Emergency Medicine and care is delivered in a number of different areas: the resuscitation room, assessment area, 'majors' area and ambulatory care sections. Departments have dedicated facilities and staff for children. EDs also have observation wards/clinical decision units where further care and testing take place under the guidance of the Emergency Physician, in order to determine which patients may be safely discharged and those that need further in-patient care. Emergency Physicians must be able to effectively supervise these areas and ensure safe and timely care.

It is intended that all future Emergency Physicians join the Emergency Medicine training programme at year one of the Acute Care Common Stem programme, thus ensuring that all future specialists have a standard level of training in critical care, acute internal medicine and angesthesia as well as EM.

This curriculum sets out the intended aims and objectives, content, experiences, outcomes and processes of the educational programme intended to provide Emergency Physicians with the knowledge and expertise to be safe, expert and independent practitioners functioning at consultant level within the UK NHS and in the Republic of Ireland.

The changing nature of the practice of Emergency Medicine has also been reflected in the curriculum with increasing emphasis on the critical care aspects of EM, airway care, and diagnostic testing.

The four domains of Good Medical Practice have been mapped to the curriculum, indicating those skills and behaviours that Emergency Physicians need to be effective and to communicate with patients, carers and their families, and how these will be assessed.

#### 2 Training pathway

Entry into training for Emergency Medicine is possible following successful completion of a Foundation Programme.

The training in Emergency Medicine (with notional durations) is divided as follows:

#### **ACCS**

ACCS is a three year core training programme that normally follows Foundation year two. It is the only core training programme for trainees wishing to enter higher specialty training in Emergency Medicine.

The first two years are spent rotating through the four specialties - this would typically involve 6/12 each in Anaesthesia, Intensive Care, Acute Internal Medicine as well as EM.

The purpose of the Acute Care Common Stem programme is to provide trainees with a broad range of knowledge, skills and attitudes to enable them to:-

- Assess any acutely ill patient
- Commence resuscitation
- Diagnose the most likely underlying problem
- Initiate appropriate investigations
- Liaise with the in-patient teams to ensure appropriate definitive care
- 2. The third year of training (ACCS CT3 EM) focuses on Paediatric Emergencies, and consolidation of the presentations experienced in years one and two. The musculoskeletal (MSK) component of core training has been reduced for year 3 and displaced into HST. Consequently the curricular content of MSK remains the same but the timing of its delivery has altered.
- 3. Higher Specialty training (HST) in Emergency Medicine, also includes additional paediatric experience as well as allowing consolidation of previous experience in adults.

# 3. Content of learning

This curriculum lists the specific knowledge, skills and behaviours to be attained at each stage of training. These are presented in four parts:

1. **Common competences**. This describes the generic competences that should be achieved within the programme. As the trainee progresses the later sections have greater emphasis on leadership skills, and managerial expertise, becoming more

contextualised and specialty specific, preparing the EP to lead a United Kingdom NHS or Republic of Ireland ED.

2. **Symptom competences.** These define the knowledge, skills and behaviours required for each of the major presentations and acute presentations that will be encountered by Emergency Physicians, by year of training and by adult/paediatric.

These presentations have been based on Emergency Department audits of activity. The investigation competences are listed alongside these presentations, gaining in complexity as the training progresses. Ultrasound is a skill that starts to be acquired in ST4.

- **3. Procedural competences are listed**. The procedural competences which should be acquired by the end of CT2, CT3, and HST are described.
- 4. The basic sciences that underpin EM are described; anatomy, physiology, pharmacology, microbiology and pathology. These have been derived using the Delphi methodology and a large panel of Emergency Physicians, including many recent trainees have been consulted. This has recently been approved by GMC and is available in appendix 6 Basic Science Curriculum.

# 4. Paediatric Emergency Medicine Major and Acute presentations CT3 and ST4-6.

#### Paediatric Emergency Medicine Curriculum

Children will be seen throughout the whole of the training programme from ACCS onwards. The focus on children in the third year of training inevitably leads to some arbitrary divisions of what should be known and by when. It is important that all paediatric encounters are used to their maximum educational potential regardless of when they occur. Some of the emergency presentations listed below are rare and may occur only once or twice throughout the whole training programme.

The PEM curriculum is built on an understanding of the preceding parts of the curriculum, which is assumed. Thus, for example the principles of wound management should already be known and are the same regardless of age.

Paediatrics continues throughout the whole of training and although it is indicated that additional areas should be covered in ST4-6, all the areas previously specified will be seen repeatedly and this provides the opportunity for the trainee to become more experienced and expert-dealing with cases of greater complexity and acuity, becoming better at leading and coordinating resuscitation and more skilled at practical procedures (spiral learning).

Inevitably in a symptom-based curriculum a particular condition may appear in many guises and it is not possible to list all the causes of a particular presentation. However, we have indicated the most important and often indicated the same condition under different presentations.

Emergency Physicians treating children need to:

- Be able to interact with children of different stages of development to elicit the history and undertake a careful, sensitive and flexible examination
- Be aware of the different developmental stages of children and their assessment
- Acquire the special skills needed for children e.g. airway management, vascular access
- Know that the interpretation of tests is age dependant e.g. ECG, radiology, FBC
- Be aware that paediatric life-threatening emergencies are infrequent and therefore prior preparation is essential i.e. successful completion of APLS is needed
- Be able to prescribe safely for children
- Know that some of the presenting symptoms could be manifestations of nonaccidental injury (NAI)
- Be able to identify those patients needing urgent specialist attention
- Have an understanding of which patients can be safely sent home and what follow-up they may need
- Know the immunisation schedules
- Know and respect the legal framework and ethical issues relating to children in the ED including consent and confidentiality

#### **Curricular content**

Below is a list of presenting complaints that the EM trainee will need to know how to assess and manage. These are divided into paediatric major presentations (PMP1-6), for which assessment will be mandatory. 3 PMPs must be completed by the end of CT3 and all must be completed by the end of ST4. Mandatory assessment for the following paediatric acute presentations (PAPs) fever, abdominal pain, breathlessness, and pain, is also required by the end of CT3.

Please refer to the assessment system in section 5.0 for detail on number and type of assessment.

#### Paediatric major presentations (PMPs)

#### **PMP1** Anaphylaxis

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Understand presentation and management of anaphylaxis in children		E, ACAT, AA, C, Mi, L	1
Skills	Be able to institute appropriate management for anaphylaxis (APLS guideline)  Know when to ask for help		E, ACAT, AA, C, Mi, D, L	1.3

PMP2 Apnoea, stridor and airway obstruction

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Know the infective, allergic and obstructive causes of airway obstruction in children including epiglottitis and post-tonsillectomy bleeding		E, ACAT, AA, C, Mi	1
	Know the indications and contraindications for a surgical airway			
	Know the age appropriate algorithms for obstructed airway including choking			
	Know how to assess, establish and maintain a patent airway in a child			
Skills	Be able to recognise signs of airway obstruction  Be able to perform the basic and advanced life support manoeuvres for the choking child  Call for senior help when	Be able to perform a surgical airway in children (Simulation for surgical airway)	D, E, ACAT, AA, C, Mi, L, S	1, 3
	Call for senior help when appropriate			

PMP3 Cardio-respiratory arrest

	СТЗ	ST 4-6	Assessment methods	GMP Domains
Knowledge	Understand the causes of cardiac arrest in children, recognising respiratory and circulatory failure are the commonest precipitants but including drowning, electrocution and hypothermia  Understand the prognostic factors influencing the outcome of cardiac arrest in children  Know the APLS/EPLS/NLS guidelines  Understand the pharmacology, indications and contraindications, dose calculation and routes of administration of drugs used in resuscitation and in the stabilisation of children in cardiac arrest  Know when to cease resuscitation  Understand the appropriate management of sudden death in infancy and the local management guidelines for supporting the family	Be able to resuscitate the new born  It is recommended that trainees know the content of and have successfully completed a neonatal life support course	E, ACAT, AA, C, Mi	
Skills	Be able to establish and maintain a patent airway using basic airway manoeuvres and adjuncts and ventilate using BVM  Be able to intubate	Be able to participate with the paediatrician in the management of sudden death in infancy understanding investigations, procedures and care	E, ACAT, AA, C, Mi D, L	1,3

Be able to lead a resuscitation team	of the parents	
Be able to obtain peripheral venous, arterial and intra-osseous access  Be able to institute rewarming techniques in the hypothermic patient	To be able to lead and coordinate a paediatric cardiac arrest (resuscitation)	

PMP4 Major trauma in children

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Understand and apply the principles of ATLS/APLS to paediatric trauma management	More complex presentations with greater instability and in young children.	E, ACAT, AA, C, Mi	1, 2
	Head injury			
	Understand the pathophysiology and clinical signs of severe head injury and when neurosurgical involvement is needed			
	Understand the NICE guidelines			
	Chest injury			
	Know the likely chest injuries through the different age groups including pulmonary contusion and flail chest			
	Abdominal injury			
	Understand the common types of injury, their clinical detection and investigation			
	Spinal injury			
	Understand the mechanisms and risk of spinal injury in children			
	Be aware of SCIWORA			
	Understand the pathophysiology and signs of neurogenic shock			

	T			1
	Burns  Be able to calculate the % burn surface area for children and fluid requirements  Recognise depth of burn, specific areas e.g. face and who needs specialist referral  Recognise burns as presentation of possible NAI  Pelvic fractures  Understand the common fracture patterns  Physical Abuse  Understand how to recognise signs of physical abuse and how to proceed with local safeguarding children protocols			
Skills	To recognise those patients who need intubation  Be able to assess the level of consciousness in a child using AVPU, GCS  Be able to request appropriate imaging as per national guidelines  Be able to initiate management of children with scalp wounds  Be able to manage the anxious immobilised child	To be able to lead and coordinate a paediatric trauma resuscitation  To be able to perform pericardiocentesis (by simulation)	E, ACAT, AA, C, Mi D, L, S	1, 3

		T
Be able to examine the spine and apply the indications for being able to 'clear' the spine		
Be able to interpret paediatric spinal xrays and their common abnormalities		
Be able to recognise possible patterns of NAI in burns injury and make appropriate referral		
Be able to splint the pelvis during the primary survey  Be able to treat pneumo-		
and haemothoraces  Be able to recognise the		
non-responder to fluid therapy and need for urgent surgical attendance		

## PMP5 The shocked child

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Be able to recognise the child in shock and formulate a differential diagnosis  Understand the pathophysiology, classification and management of septic shock	Become more expert in achieving diagnosis	E, ACAT, AA, C, Mi	1
Skills	Be able to recognise and initiate treatment of the septic child as per national guidelines		E, ACAT, AA, C, Mi, D, L	1,3

# PMP6 The unconscious child

	CT3			ST4-6	Assessment Methods	GMP Domains
Knowledge	including status epilepticus in children  Know the differential diagnosis of seizures including febrile convulsions	Hypoglycaemia  Understand the causes, presentations, complications, investigations and emergency treatment in the neonatal period and beyond	Diabetic ketoacidosis in children  Understand local and national guidelines for the management of diabetic ketoacidosis including the principles of fluid management and insulin therapies	Become more expert in dealing with the unconscious child  Understanding inborn error as a cause of hypoglycaemia and its initial investigation in the ED	E, ACAT, AA, C, Mi	1
Skills	Be able to recognise and treat the life-threatening complications  Be able to institute appropriate management for status epilepticus (e.g. APLS protocol)	Able to reverse hypoglycaemia	Be able to formulate a likely diagnosis and recognise features of the presentation and complications  Be able to recognise the features of cerebral oedema and be able to provide emergency treatment  Be able to perform appropriate investigations and act on the results		E, ACAT, AA, C, Mi, D, LS	1, 2

# Paediatric Acute Presentations (PAPs) PAP1 Abdominal pain

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Know and recognise the causes of abdominal pain in all age groups  Scrotal pain - understand differential diagnosis, investigation and management including those requiring surgical referral	Recurrent abdominal pain - understand contributing factors  Ensure appropriate follow-up  Constipation - identify contributing factors, initiate treatment and ensure follow - up	E, ACAT, AA, C, Mi, L	1
Skills	Be able to examine and recognise the cause of acute abdominal pain		E, ACAT, AA, C, Mi, L, D	1

PAP2 Accidental poisoning, poisoning and self-harm

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Identify the major types of ingestion by age  Understand the specific signs and symptoms of poisoning with a range of toxic agents  Be able to investigate  Understand the role of antidotes and charcoal  Be able to access poisons information  Understand the pharmacology and treatment of common poisonings  Be aware of OD as expression of self-harm	How to manage the adolescent refusing treatment for a life-threatening overdose	E, ACAT, AA, C, Mi, L	1
Skills	Self-harm in children and adolescents  Recognise this as an expression of distress, acute or long-term  Recognise self-harm as indicating serious emotional distress  Refer to the Child and Adolescent Mental Health Service team		E, ACAT, AA, C, Mi, L	1, 2, 3, 4

# PAP3 Acute life-threatening event (ALTE)

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Know when an infant may be seriously ill, exhibits apnoea, colour change, change in muscle tone, choking or gagging		E, ACAT, AA, C, Mi, L,	1
	Know the common causes:			
	Central apnoea			
	Obstructive apnoea			
	GO Reflux			
	Arrhythmias and myocarditis			
	Breath holding			
	Near SIDs			
	Toxins			
Skills	Be able to take full history and examination and initiate appropriate tests		E, ACAT, AA, C, Mi, L	1,3
	Arrange admission			

## **PAP4 Blood disorders**

	СТЗ		ST4-6	Assessment Methods	GMP Domains
Knowledge	Sickle cell anaemia Anaemia	Purpura and bruising in children	Leukaemia/ lymphoma in children	E, ACAT, AA, C, Mi, L	1
	Understand the common presentations and complications of sickle cell crises  Provide emergency management as well as appropriate pain control and fluid balance  Understand the presentation and causes of anaemia and ensure appropriate referral	Understand the causes of purpura  Be able to recognise features in the presentation which suggest serious pathology including meningo-coccaemia and leukaemia	Understand the presentations		
Skills	Be able to prescribe fluids and analgesia safely	Be able to manage life-threatening causes of purpura  Be able to diagnose	Be able to recognise and ensure referral	E, ACAT, AA, C, Mi, L	1, 3
		organise follow- up and explain Henoch Schönlein purpura and idiopathic thrombo- cytopenia			
		Be able to recognise patterns suggestive of NAI and organise care			

# PAP5 Breathing difficulties - recognise the critically ill and those who will need intubation and ventilation

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Asthma in children		E, ACAT, AA,	1, 2
	Understand and apply the BTS guidelines for the management of asthma		C, Mi, L	
	Understand the indications, contraindications and pharmacology of the therapies available			
	Understand indications for intubation in severe asthma and the drugs used			
	Bronchiolitis			
	Understand the principles of management			
	Pneumonia in children			
	Understand the principles of management of community acquired pneumonia			
	Pertussis			
	Understand the age dependant presentations and indications for admission			
	Initiate appropriate treatment of patient and contacts			
	Cardiac causes			
	Heart failure and dysrhythmias			
Skills	Recognise life-threatening asthma, and who may need intubation and ventilation		E, ACAT, AA, C, Mi, L	1, 3
	Be able to provide BVM		review of drug charts	
	Prescribing skills			

# **PAP6** Concerning presentations

	СТЗ			ST4-6	Assessment Methods	GMP Domains
Knowledge	Physical abuse  Understand the signs of physical abuse  Understand the signs of common injury or illness that may mimic physical abuse  Understand the common fractures seen in physical abuse	Understand the ways in which children might reveal sexual abuse  Understand and recognise the signs and symptoms of sexual abuse  Understand the importance of seeking help from experienced colleagues in the assessment of children where NAI might be an issue	Neglect Understand the ways in which children may present with neglect		E, ACAT, AA, C, Mi, L	1, 2, 3
Skills	Be able to recognise patterns of injury or illness which might suggest NAI  Be able to initiate safeguarding children procedures as per local policy	Be able to institute appropriate safeguarding children procedures if sexual abuse suspected	Be able to refer appropriate ly		E, ACAT, AA, C, Mi, L,	1,3

Knowledge	Apnoeic episodes as an infant and a presentation of NAI/factitious or induced injury  Be aware of this as a possible presentation of imposed airway obstruction and know the indicators that this may be the case  Understand the lifethreatening nature of imposed airway obstruction	Know the relevant national documents which underpin the safeguarding children policy in the emergency setting	Legal framework  Understands consent, capacity to take decisions, and confidentialit y in relation to children, and is aware of the issues of parental responsibility	E, ACAT, AA, C, Mi, L,	1, 2,
Skills	Refer to an experienced colleague for help	Ability to translate recommendati ons into appropriate actions on a case by case basis and follow local guidelines	Can engage children appropriately in their own decisions and protects the best interests of the child at all times	E, ACAT, AA, C, Mi, L,	1,3

Knowledge	Safeguarding children and welfare systems outside of hospitals  To have a basic understanding of the roles of other systems in protecting children, e.g. Social Services, the Child Protection Plan, Police Child Protection and Domestic Violence Units, SureStart, Childline, Health Visitors, School Nurses, Area safeguarding children Committee, Community Paediatricians	Categorisation of safeguarding children and welfare issues Understand the types of issues and terminology to describe these issues, e.g. physical/sexual/emotional and neglect or induced illness (FII), looked-after children, children with special needs or learning difficulties	Ability to identify children in need  Know the range of conditions presenting as a symptom of NAI or psychologica I distress, e.g. deliberate self harm, aggression or risk-taking behaviour, recurrent abdominal pain, headaches or faints, recurrent attendances in young children	E, ACAT, AA, C, Mi, L	1, 2
Skills	To respect the roles of these other agencies and use them appropriately  To be aware of local agencies available, including the voluntary sector (e.g. drug and alcohol support)	Accurately identify such problems in children at risk and be able to convey concerns to others	Reliably picks up clues which should give rise to concern  Refers concerns on in all cases	E, ACAT, AA, C, Mi, L,	1, 2, 3

Knowledge	Documentation of concerns  Knows national guidance on how much documentation is required	Infants at risk  Know which infants are most at risk	Toddlers  Have a basic understandin g of common problems e.g. toddler tantrums, food refusal	E, ACAT, AA, C, Mi, L,	1, 2
Skills	Reliably documents concerns, conversations with other professionals, and detailed descriptions of history or examination findings as appropriate.	Can identify such infants in the emergency setting, e.g. excessive crying, infants with fractures, social circumstance s which increase risk	Refers problems back to the primary care team appropriately	E, ACAT, AA, C, Mi, L	1, 3
Knowledge	Schooling  To have an awareness of the effect of bullying, truancy, and work pressure upon children			E, ACAT, AA, C, Mi, L	1
Skills	Reports concerns to the school or school nurse, and involves parents where appropriate			E, ACAT, AA, C, Mi, L APLS/EPLS,	1,3

PAP7 Dehydration secondary to diarrhoea and vomiting

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Know the aetiology, pathophysiology and presentation of dehydration  Be able to recognise the life-threatening complications of dehydration	Pyloric stenosis  Understanding of the presentation, investigation and treatment of lifethreatening electrolyte disturbances	E, ACAT, AA, C, Mi, L,	1
Skills	Be able to calculate and prescribe fluid replacement, maintenance fluids and replacement for ongoing losses as per APLS		E, ACAT, AA, C, Mi, L	1, 2

## **PAP8 ENT**

	СТЗ			ST4-6	Assessment Methods	GMP Domains
Knowledge	Traumatic ear conditions in children  Be aware of the possibility of NAI in cases of ear trauma	Earache or discharge in children  Understand the presentation of otitis media and glue ear and their association with hearing loss in children	Painful noses Indentify FBs Identify fractured nose, septal haematoma		E, ACAT, AA, C, Mi, L	1
Skills	Be able to remove foreign bodies in the ear canal or pinna  Be able to recognise a haematoma requiring surgical drainage	Be able to perform otoscopy correctly  Be able to identify otitis externa and otitis media and treat them appropriately	Recognise that language delay or attention deficit requires onward referral		E, ACAT, AA, C, Mi, L	1, 3

PAP9 Fever in all age groups

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Be able to take a comprehensive history and examination of a feverish child. Know of national guidelines for the management of fever in children  To identify possible causes	Becoming more expertise with presentations  Knowing which children can be safely sent home	E, ACAT, AA, C, Mi	1
	Urinary tract infections			
	Understand the presentation aetiology and management of UTI in the acute setting for different age groups			
	Understand the range and accuracy of the different methods of urine collection			
	Be able to interpret microbiological findings and institute appropriate treatment			
	Understand need for and types of further investigation			
	Meningitis/encephalitis			
	Understand the bacterial and viral aetiologies for all age groups and the appropriate antimicrobial/antiviral treatment			
	Be able to recognise and institute treatment for life-threatening complications including raised intracranial pressure			

	Understand and recognise the presentation, signs and management of Kawasaki disease  When no focus found  Understand the implications		
	f0r the different age groups		
Skills	Prescribing skills for antipyretics and antibiotics  Be able to collect blood cultures, perform SPA and LP  Knowing when to admit and ask for help	E, ACAT, AA, C, Mi, D, L	1, 2, 3

# PAP10 Floppy child

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Understand the differential diagnosis of presentation of a child who is floppy		E, ACAT, AA, C, Mi, L	1
Skills	Being able to recognise and treat life-threatening conditions		E, ACAT, AA, C, Mi, L	1

**PAP11 Gastro-intestinal bleeding** 

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Understand the causes of upper and lower GI bleeding, recognising lifethreatening causes including intussusception		E, ACAT, AA, C, Mi, L	1
Skills	Be able to stabilize the hemodynamically compromised patient including use of intraosseous and central access		E, ACAT, AA, C, Mi, L, D	1,3
	Be able to identify appropriately the need for investigations including endoscopy, blood transfusion and surgical referral			

## PAP12 Headache

	СТЗ		ST4-6	Assessment Methods	GMP Domains
Knowledge	Meningitis/encephalitis in children	Headaches in children		E, ACAT, AA, C, Mi, L	1
	Understand the bacterial and viral aetiologies for all age groups and the appropriate antimicrobial / antiviral treatment	Know the causes and differential diagnosis in children			
Skills	Be able to recognise and institute treatment for life-threatening complications, including raised intracranial pressure	Initiate investigation and management		E, ACAT, AA, C, Mi, L	1

**PAP13 Neonatal presentations** 

	СТЗ	ST4-6			Assessment Methods	GMP Domains
Knowledge	Delivery* and resuscitation of the newborn  To have the knowledge and skills to be able to assess and manage neonates presenting to the ED. Be able to formulate a differential diagnosis for a variety of common presenting symptoms. Be able to lead a resuscitation team as per APLS / EPLS / NLS guidelines  To understand the pathophysiolo gical processes leading to neonatal cardiopulmonary instability, including the role of thermoregulati on. Be able to identify neonates requiring admission, midwife or health visitor input and	Neonatal sepsis  Know symptoms and signs of sepsis in children e.g. hypothermia, apnoea  Understand the importance of timely treatment and the range of treatments for likely pathogens	Cyanotic/ non- cyanotic congenital heart disease Importance and relevance of duct dependant heart disease	Jaundice Understa nd the causes and investigati on of neonatal jaundice	E, ACAT, AA, C, Mi, L	

	identify mothers requiring additional support. Recognise the healthy neonate.					
Skills	Delivery* and resuscitation skills	Undertake resuscitation and appropriate investigations	Be able to identify those neonates requiring urgent specialist opinion	Recognis e jaundice and liaise with specialist	E, ACAT, AA, C, Mi, L, D	1, 3

<sup>\*</sup>Delivery - see JRCALC guideline "birth imminent - normal delivery/delivery complications"

# PAP14 Ophthalmology

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Orbital cellulitis		E, ACAT, AA, C, Mi, L	1
Skills	Be able to test for visual acuity		E, ACAT, AA, C, Mi, L, D	1, 3

# PAP15 Pain in children

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Know how to assess pain in childen  Know the range of options to relieve pain – non-pharmacological and pharmacological - agents, routes of administration, dosage  Know how to select best option. Know the safe doses, side effects and toxicity of different agents  Know principles of how to safely sedate using ketamine including use of sedation check lists, management of complications including larnygospasm and discharge instructions	Become more expert in the use of all analgesics in children especially ketamine	E, ACAT, AA, C, Mi, L	1
Skills	Be able to prescribe and safely deliver nasal diamorphine, intravenous opiates, local anaesthetic blocks, oral analgesics and entonox		E, ACAT, AA, C, Mi, L, D	1, 3

PAP16 Painful limbs – atraumatic

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Be aware of rheumatological, infectious, malignant and non-accidental causes of musculoskeletal presentations	Non-traumatic back pain	E, ACAT, AA, C, Mi, L	1
	Limping child			
	Be able to examine gait, posture and hip joints of all age groups			
	Understand the differential diagnosis of limp			
	Septic arthritis			
	Be able to suspect this in different age groups			
Skills	Be able order the correct blood tests		E, ACAT, AA, C, Mi, L	1,3
	Be able to order the correct imaging			
	Know when to refer for specialist opinion			

## PAP17 Painful limbs- traumatic

	СТЗ	ST4-6	Assessment Methods	GMP Domains
Knowledge	Understand the likely types of soft tissue and bony injuries for each age group		E, ACAT, AA, C, Mi, L	1
	Be able to judge if these relate appropriately to the stated mechanism of injury			
	Be aware of rheumatological, infectious, malignant and non-accidental causes of musculoskeletal presentations			
	Be able to examine a child in a way which localises the injury			
	Understand the Salter-Harris classification of epiphyseal injuries			
	Understand the likely time-frame for recovery in children			
	Know the common fractures and injuries, specifically:			
	Hand injuries including nail bed injuries			
	Distal radius and scaphoid fractures			
	Dislocated shoulder			
	Supracondylar fracture of the elbow and be able to identify those with neurovascular problems			
	Pulled elbow - be able to reduce			
	Forearm fracture dislocations			
	Fractured femur and be able to perform femoral nerve block and splintage			
	Toddler's fracture			

Compartment syndrome		
Patellar dislocation		
Amputation and preservation of tissue		
Be able to examine the joints	E, ACAT,	1, 3
Be able to check for neurovascular compromise	AA, C, Mi, L	
Be able to reduce a dislocation		
Be able to recognise which fractures need an orthopaedic opinion and those that cannot be treated in the ED		

### **PAP18** Rashes in children

	СТЗ		ST4 -6	Assessment Methods	GMP Domain s
Knowledge	Eczema and seborrheic dermatitis  Understand the common treatments for eczema and reasons for treatment failure	Bites and infestations  Understand the aetiology by age and the pathophysiology of bites and infestations  Understand and recognise the signs and symptoms of bites and infestations		E, ACAT, AA, C, Mi, L	1
Skills	Be able to manage eczema and seborrheic dermatitis  Be able to advise patients and families about disease process and treatment	Be able to manage children with acute bites and infestations, including recognition of signs and symptoms of life- and limb-threatening complications		E, ACAT, AA, C, Mi, L	1,3

### **PAP19 Sore throat**

	СТЗ	ST4-6	Assessment Methods	GMP Domain s
Knowledge	Acute throat infections in children  Be aware of life-		E, ACAT, AA, C, Mi, L	1
	threatening airway obstruction in epiglottitis, and how to avoid it			
	Be able to identify quinsy			
	Be able to manage or refer for FBs in the throat			
Skills	Recognise the potentially life- threatening nature of post-tonsillectomy bleeding		E, ACAT, AA, C, Mi, L	1

#### Paediatric EM Practical Procedures for CT3 and ST4-6

Below are listed the practical procedural skills that should be acquired. The acquisition of these skills is case dependant and it may be that some skills may not be acquired by the end of CT3.

The 4 indicated with M are mandatory before the end of CT3. Those indicated with M must be assessed with DOPs using the generic DOPs tool. It is not expected that trainees will be assessed for all the listed procedures below but wherever the opportunity arises the trainees should seek to be observed by a trainer and as a minimum should maintain a record of these procedures in the reflective log of the e-portfolio.

Some skills may only be acquired using simulation techniques and these are indicated by (S).

CT3 PEM	ST4-6 PEM
<ul> <li>Be able to perform a paediatric primary survey M</li> <li>Basic airway manoeuvres to include use of airway adjuncts, oxygen delivery techniques M</li> <li>Choking child (S)</li> <li>Orotracheal intubation - may have been acquired during ACCS anaesthetics (S)</li> </ul>	Replacement of tracheostomy tube
<ul> <li>Needle thoracocentesis (S)</li> <li>Tube thoracostomy (S)</li> <li>Venous access M</li> <li>Intraosseus line insertion (S)</li> <li>Direct current electrical cardioversion defibrillation (S)</li> </ul>	<ul> <li>Cricothyrotomy and percutaneous trans-tracheal ventilation (\$)</li> <li>External cardiac pacing (\$)</li> </ul>

Oro/nasogastric tube replacement	Safe sedation in children (S)
<ul> <li>Infiltration of local anaesthetic</li> </ul>	Incision and drainage of
Incision and drainage of abscesses	auricular haematoma
Incision and drainage of paronychia	
<ul><li>Evacuation of subungual haematoma</li><li>Wound exploration and irrigation</li></ul>	
<ul> <li>Wound exploration and impation</li> <li>Wound repair with glue, adhesive strips and</li> </ul>	
sutures	
Immobilisation techniques	Foreign body removal
Application of broad arm sling	<ul><li>Nose</li></ul>
Application of collar and cuff	• Ear
<ul> <li>Application of Thomas splint or similar</li> </ul>	<ul> <li>In soft tissue</li> </ul>
<ul> <li>Pelvic stabilisation techniques</li> </ul>	• Eye
Spinal immobilization/log rolling	Ring removal
Fracture/dislocation reduction techniques	•
Shoulder dislocation	
Elbow dislocation	
Phalangeal dislocation	
<ul> <li>Supracondylar fracture with limb-threatening vascular compromise</li> </ul>	
Patellar dislocation	
Ankle reduction	
Equipment and guidelines	
Must be familiar with the paediatric	
equipment and guidelines in the resuscitation	
room M	
Plaster techniques	
Backslabs/splints	
• POP	

#### 5. ARCP decision tools

At the ARCP assessments will contribute to a judgment about suitability to progress to the next stage of training. However, this depends on the professional judgment of the trainers involving many more sources of information than workplace episodes.

#### **ARCP Decision Tool CST CT1-3\***

This template assumes EM undertaken for six months in the first year of ACCS. 'Sampling' indicates that as many presentations as are feasible are covered.

These tables should be read in conjunction with the detailed assessment in appx. 1

	СТ1	CT2	СТЗ
Common Competences	Must be assessed > 1/3 to level 2	Must be assessed in > 2/3 to level 2	Must be assessed and in all to level 2
CC 1-25	(ACAT, CbD/Mini- CEX /MSF)	(ACAT, CbD/Mini- CEX /MSF)	(ACAT, CbD/Mini- CEX /MSF)
Core Major Presentations Adult (CMP1-6) And Adult additional content for major trauma C3MP	Should complete 2 major presentation summative assessments whilst in EM	By the end of CT2 should have completed assessments for the 6 Core Major Presentations	Have completed the summative assessment for the additional curricular content for major trauma C3MP (a-e) using x1 Mini-CEX or CbD
Core Acute Presentations CAP Adults = 1-38	5 CAPs using summative Mini-CEX/CbD  X1 ACAT-EM covering 5 CAPs whilst in EM	By the end of CT2 20 /38 APs should have been covered using Mini- CEX/CbD/ACAT	Recommended that the remaining 18/38 be sampled using ACAT EM, reflective entries, e- modules, teaching and audit
CT3 Additional Acute Presentations  C3AP Adult = 1-7			Should have completed >3/7 acute presentations using ACAT-EM
CO/ (1 / (GOI) = 1 - /			Remaining 4/7 sampled using ACAT EM, reflective entries, e-modules, teaching and audit

Adult Practical Procedures = 45	5 DOPS whilst in EM	By the end of CT2 >35/45 assessed	Assessed in all 45 procedures
Paediatric Major Presentations			Should have successfully completed APLS
PMP 1-6			If this is not the case 3/6 should be assessed summatively using Mini-CEX or CbD
Paediatric Acute Presentations			9/19 assessed using Mini-CEX / CBD /ACAT
PAP 1-19			Remaining 10 should be sampled using ACAT EM, reflective entries, e- modules, teaching and audit
Practical procedures in children = 4 are specified to be assessed but experience in all should be recorded			4/4 should be assessed using DOPS
Management and leadership	Team member	Starts to team lead and oversee other doctors	Team leads resuscitations under supervision
Examinations	МСЕМ А		мсем в&с
E-learning modules	30 from CEM hub	30 from CEM hub	30 from CEM hub
Safeguarding Children	Level 1&2		Level 3
Life support courses	ALS	ATLS	APLS

Minimum number of assessments by consultants	13 whilst in EM		12
Experience  # these are indicative numbers and a judgement on these numbers needs to be made at ARCP	Should see >800 cases per 6/12 in EM*		Should see > 750 children/yr 20 paeds resuscitations#
MSF	Annually	Annually	Annually

## **ARCP Decision Tool HST ST4-6**

	ST4	<b>ST5</b>	ST6
Common Competences	Assessed to Level 4 descriptors in 50%	Assessed to Level 4 descriptors in 100%	
CC 1-25			
HST Major presentations HMP1-5	Have completed 3 using Mini-CEX/CbD	Remaining 2 using Mini-CEX/CbD	
HST Acute Adult Presentations HAP 1-33	Assessed in 9/33 using CbD/Mini-CEX/ACAT	8 assessed by CbD/Mini-CEX 8 covered using	
	8/33 covered using ACAT EM, reflective entries, e-modules, teaching and audit	ACAT EM, reflective entries, e-modules, teaching and audit	
HST Paediatric Acute Presentations	Assessed in 4/8 using CbD/Mini- CEX/ACAT	Remaining 4 covered using ACAT/Mini- CEX/CbD	
PAP = 8			
Procedures	Practical procedures in more complex cases - all should be recorded	Practical procedures in more complex cases - all should be recorded	Competent in ultrasound examination to level 1
	Commences ultrasound scanning of patients – record/assessment	Continues ultrasound scanning of patients – record/assessment - completion of triggered assessments and final sign off	
	Section A completed		
	Commences triggered assessments		

		1	
Clinical skills	Able to look after several patients concurrently Supervises others	Looking after complex cases that are greyer and sicker- covering all presentations and procedures	
Safeguarding Children			Level 3
Management and leadership	HST management portfolio	HST management portfolio	HST management portfolio
MSF	Annually	Annually	Annually
Patient Survey			X1 before final ARCP
Examination	Commences work on Clinical Topic Review	CTR advanced with personal work completed	CTR complete FCEM
	Critical appraisal skills developed	Submits to FCEM critical appraisal written examination	
E-learning modules	30 from eLfh platform	30 from eLfh platform	30 from eLfh platform
Life support	Holds valid ALS/ATLS/APLS provider	Holds valid ALS/ATLS/APLS provider	Holds valid ALS/ATLS/APLS provider
		Ideally Instructor in one	Instructor in one
Experience  * these are indicative numbers and a judgement on	See >2000 cases /year of which 10% are cases in the resuscitation room* Evidence should be	See >2000 cases /year of which 10% are cases in the resuscitation room* Evidence should be	See >2000 cases /year of which 10% are cases in the resuscitation room* Evidence should be
these numbers needs to be made at ARCP	provided - log books, reports from computerised systems	provided - log books, reports from computerised systems	provided - log books, reports from computerised systems