

## Left Lower Quadrant Pain

### Significance of site of Pain

Right Upper Quadrant	Biliary tract, liver
Epigastric	Usually foregut structures i.e. Stomach, duodenum, lower oesophagus, biliary tract, pancreas Can also get cardiac pain referred here
Left Upper Quadrant	Spleen, stomach
Central	Midgut Structures: small and large bowel or pancreas
Right Iliac fossa	Caecum, appendix, ovary, right kidney ureter mesenteric adenitis
Suprapubic	Bladder, uterus, adnexae
Left iliac fossa	Sigmoid colon, left kidney, ureter
Loins	Kidneys and ureters

### Causes of left lower quadrant pain

Ulcerative colitis

Crohn's disease

Antibiotic associated colitis

Ischaemic colitis

Inflammatory Bowel Disease

Chronic constipation

Diverticular Disease

These are related to disordered peristaltic function attributable to modified diet.

Symptoms:

Intermittent abdominal pain

Erratic bowel Habit

Bloating and excessive flatus

Sigmoid volvulus

Dilated sigmoid loop - history of several episodes of transient obstruction some episodes diagnosed as constipation and resolve when constipation is treated.

Sorry there is no way I could do a flow pathway for those presenting with abdominal pain ...very complicated and a lot depends on history and indeed frequency of symptoms and signs.