FCEM SAQ

March 2009

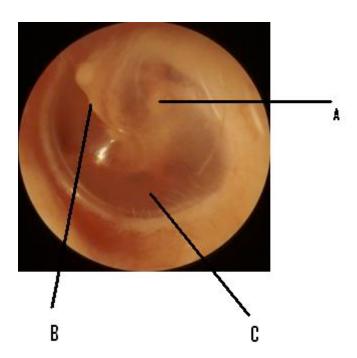
20 questions
10 marks per question
200 marks

2.5 hours

<u>Q1</u>

- Name 2 approaches to an axillary nerve block (other than axillary) and the most common complication of each approach.
 (3)
- 2. Describe the anatomy of the brachial plexus in the axilla. (5).
- 3. For a 70kg man undergoing an axillary nerve block, which LA would you use, why, and at what dose? (2)

<u>Q2</u>



- 1. Label structures A, B and C (3)
- 2. Name 3 indications for oral antibiotics in otitis externa? (3)
- 3. What is a cholesteatoma? (1)
- 4. Name 3 serious complications. (3)

<u>Q3</u>

- 1. Name 4 principles of the Caldicott guidelines. (4)
- 2. Identify 3 circumstances where you can give out clinical details without the patient's consent. (3)
- 3. What information does the Freedom of Information Act apply to, and for how many years? (3)

Q4

A 37 year old man, usually fit and well, collapses suddenly.

1. Give 6 clinical signs that suggest cardiac tamponade. (3)

An ECHO shows a rtic regurgitation CT scan image of just below a ortic arch.

- 2. What does the CT show? (aortic dissection) (1)
- 3. How does this explain the ECHO findings? (2)
- 4. Explain the next steps in the management of this patient. (4)

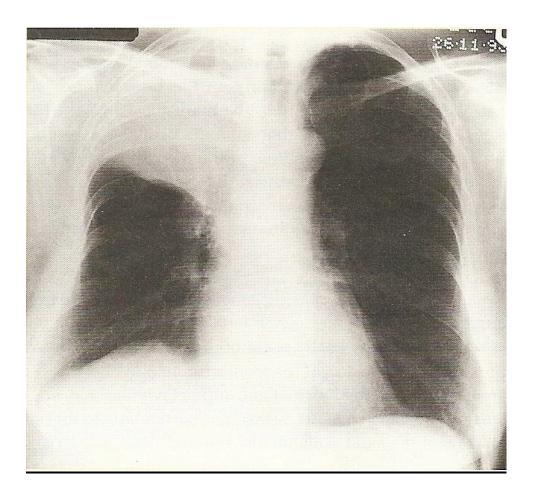
Q5

A 76 year old woman had an RTA 2/52 ago. She presents with progressive left pleuritic chest pain, lethargy and SOBOE. Obs are ok(ish). On examination, there is an old seat-belt mark and pain in the LUQ.

CXR shows left pleural effusion.

CT thorax shows splenic haematoma.

- What causes would explain her symptoms and pleural effusion?
 (4)
- 2. What does the CT show? (2)
- 3. What bedside tests would you do now and why? (4)



A 67 year old man is sent from x-ray with a CXR.

- 1. What does the CXR show? (2)
- 2. Name 4 non-pulmonary complications of above excluding hypercalcaemia? (4)
- 3. What further management is required excluding investigations? (4)



- 1. Describe the x-ray and SH type (1)
- 2. Name 2 complications of this injury and why? (2)
- Give 6 complications of POP immobilization in this age group?
 (3)
- 4. Name an advantage and disadvantage of each type of administration of analgesia in paediatrics (4):
 - po
 - parental
 - Entonox
 - distraction therapy
 - intra-nasal

A 35 year old man has had well controlled psoriasis for the last 2 years. He has been unwell since last night. Temp 39°, HR 120, systolic BP 100.

Unfocused picture of 2 red and ?scaling legs.

- 1. What is the diagnosis? (2)
- 2. Name 3 complications. (3)
- 3. Give 3 other differentials. (3)
- 4. Name 2 non-skin manifestations of psoriasis. (2)

<u>Q9</u>

A 26 year old man presents to the ED having ingested 100 ferrous sulphate tablets 2 hours ago. He has not taken any other medication or alcohol. His GCS is 15. His suicide risk has already been assessed.

His 4 hour serum Fe levels are >5mg/L (>90 micromol/L, normal 15 - 30 micromol/L) with a TIBC of 63 micromol/L (normal 54 -75 micromol/L)

- 1. Would you give charcoal and why? (2)
- 2. What method of decontamination could you use? (2)
- 3. Give 2 signs/symptoms of Fe poisoning at
 - <6 hrs (2)
 - >24 hrs (2)
- 4. Explain the significance of TIBC related to Fe? (1)
- 5. What does this mean for his prognosis? (1)

A 78 year old man is brought in. He looks cachectic & dry. GCS 13/15, BM 8, RR 20, P100, BP 90/60.

Na 145 K 7.2 Urea 22 Creat 386 Cal 2.75

- 1. Name 4 causes of hypercalcaemia other than malignancy (4)
- 2. What management does he need? (4)
- 3. What 4 investigations does he need? (2)

Q11

A 23 year old woman attends the ED complaining of an 8 month history of intermittent loose stools and crampy abdominal pain.

- 1. What symptoms would make you think of IBS? (3)
- 2. What 3 blood tests would you do to exclude other causes? (3)
- 3. Name 3 red flag symptoms in persistent diarrhea. (3)
- 4. What advice would you give regarding dietary fibre and carbohydrates for IBS? (1)

An 8 year old girl is known Type 1 DM. Glu 28, acidotic, Na & K normal.

- 1. What is the diagnosis? (1)
- 2. Name 4 common presenting signs & symptoms of above? (2)
- 3. Name 2 common precipitants? (2)
- 4. Name 4 features which would make you suspect cerebral oedema? (2)
- 5. How would you treat cerebral oedema? (3)

Q13

An 85 year old woman, usually independent, has had a sudden deterioration. On examination she is ataxic and has nystagmus. No weakness and sensation normal.

1. Name 3 differential diagnoses (3)

The patient deteriorates with dysphasia.

Picture of CT head with hydrocephalus, enlarged ventricles & loss of sulci.

Picture of MR head with cerebellar infarct.

- 2. What does the CT show? (1)
- 3. What does the MR show? (1)
- 4. Name 4 presentations of CVA to ED? (4)
- 5. Why are posterior fossa CVAs important to diagnose/visualise? (1)

<u>Q14</u>

A 16 year old boy admits alcohol++ 3 days ago. Since then he has become mad, has dilated pupils, is tachy and has a slight temp. GCS 14 (E4, V4, M6)

- 1. Give 4 organic causes of the above presentation? (4)
- 2. What investigations are needed to exclude organic causes? (2)
- 3. Name 3 symptoms which suggest a diagnosis of schizophrenia? (3)
- 4. How long should symptoms be present before a diagnosis of schizophrenia can be made? (1)

Q15

A 9 year old boy is playing rugby when he has sudden onset of scrotal pain. On examination, he has a swollen scrotum with a tender, high-riding right testis.

- 1. What is the most likely diagnosis? (2)
- 2. Name 3 differentials. (3)

An USS shows a hydrocoele.

3. What 2 other questions do you want to ask the sonographer?(2)

A 6 month old boy has a hernia.

4. What signs on examination would reassure you it is not worrisome? (3)

A 46 year old man with attends with dark urine and worsening peripheral oedema over the course of one week. His BP is 174/104.



- 1. What might you see on urinalysis/microscopy of urine? (3)
- 2. Name 2 systemic causes of glomerulonephritis and other clinical signs in these conditions? (5)
- 3. What organism can give you GMN and name a simple test for it? (2)

<u>Q17</u>

A 35/40 pregnant female attends with headache, confusion, proteinuria, ↓platelets, ↓Hb, poikiocytes & deranged LFTs. U+Es are ok except for ↑K.

- 1. What is the diagnosis? (2)
- 2. What is the explanation for the presence of poikiocytes? (1)
- 3. Explain the low platelets? (1)
- What treatment (and dose) would you choose for raised BP?
 (2)
- 5. She is going for a C section. What medication does she need beforehand? (4)

A 19 year old woman presents complaining of a swollen painful eye since the previous night.



- 1. Name 3 clinical features which would suggest orbital cellulitis rather than preseptal cellulitis? (3)
- 2. By what processes do bacteria get into the orbit? (2)
- 3. What is the commonest cause of orbital cellulitis? (1)
- 4. Name 2 serious complications. (2)
- 5. What investigation would help with diagnosis? (1)
- 6. What organisms do you need to cover? (1)

A 68 year old man has had a painful upper arm for months. It was x-rayed by his GP 1/12 ago. He rolled over in bed last night and heard a crack.

X-rays of Pagetic bone from 1/12 ago and a # within Pagetic bone from today.

- 1. What does the x-ray from 1/12 ago show? (2)
- 2. What does the x-ray from today show? (2)
- 3. Which are other common sites for this disease? (4)
- 4. What other investigations would you now order? (2)

Q20

A 55 year old woman had chemotherapy 3/52 ago. Now temp 39C, WBC 20 (4% neutrophils, 80% blasts). A central line is in-situ.

- 1. What is the definition of neutropaenia? (1)
- 2. How would you take blood cultures? (2)
- 3. Devise an antibiotic regime for her explaining your rationale. (4)
- 4. What is the definition of septic shock? (1)
- 5. Explain her blood results. (2)